

## Travel and accommodation

**Maastricht** is a small and lively town, in the South of the Netherlands, very close to the Belgian and German frontier. Old, historic sites are combined with modern architecture. And it's well known for its wide variety on good restaurants, pubs and small boutiques.

**Maastricht University** has many faculties around the city, the School of Health Professions Education is situated near the Maastricht Academic Hospital.

### Visa

Since your stay in Maastricht, the Netherlands, is less than one month, you can travel on a tourist visa. For residents of non-EU countries or non-residents of North America, please let us know if you need a letter to the Dutch Embassy in your country, to help to expedite matters. Should you run into any problems in this regard, please let us know.

### Insurance

It is also very important to note that you will be required to have health insurance when you apply for a tourist visa. This is a rule of the Dutch Government. All persons entering the country must have full health coverage and liability.

### Accommodation

There are many nice hotels in different price-ranges available in Maastricht.

The **Apartment Hotel** and the **NH hotel** are very close to the campus, so you can easily walk to the training locations. The **Townhouse design hotel** is in the city centre, at walking distance from the central station and not very expensive. The cheapest option is probably the **Stayokay Youth Hostel**. It has private rooms as well as dorms, but this hostel is located at more than 30 minutes walking distances from the campus. For more information and more options, see the website of the **tourist office**.

### By air:

The following airports are located in the vicinity of Maastricht. Please check their website to see whether they offer flights from your home country to the Netherlands: – Maastricht Aachen Airport: <http://www.aviationvalley.nl/> (Distance from Maastricht: 9 km.); – Eindhoven Airport: <http://www.eindhovenairport.com/> (distance from Maastricht: 71 km.); – Brussels Airport: <http://www.brusselsairport.be/en/> (distance from Maastricht: 85 km.); – Airport Brussel Zaventem: <http://www.vliegveld-brussel.nl/> (distance from Maastricht: 86 km.); – Flughafen Düsseldorf International: [http://www.duesseldorf-international.de/dus\\_en/](http://www.duesseldorf-international.de/dus_en/) (distance from Maastricht: 89 km.) – Brussels South Charleroi Airport: <http://www.charleroi-airport.com/> (distance from Maastricht: 96 km.); – Amsterdam Airport Schiphol: [http://www.schiphol.nl/index\\_en.html](http://www.schiphol.nl/index_en.html) (distance from Maastricht: 175 km.)

### Public transportation:

Please consult the following journey planners for information about public transportation: – within the Netherlands: <http://journeyplanner.9292.nl/> – Within Belgium and from Belgium (e.g. Brussels) to the Netherlands (Maastricht): <http://plannerint.b-rail.be/bin/query.exe/en?L=b-rail&>

### *.. coming by train*

From Schiphol Airport there is an excellent train service to Maastricht via Utrecht (travel time approx. 3 hours). Maastricht has two railway stations: Maastricht Central Station, which is located in the city Centre, and Maastricht-Randwijck station, which is a three minutes' walk away from the conference venue. All trains from the south stop at station Randwijck. Coming from the east and from the north, one has to change trains at Maastricht Central Station in order to reach Maastricht Randwijck station.

### *.. coming by bus*

From the city centre you can take any bus going to the Academic Hospital Maastricht (azM) from the bus and railway station, the market square (Markt) and the Vrijthof Square (Vrijthof). Where in the past one was used to travelling by bus with a so-called strippenkaart, since 7 July, 2011, it is no longer possible to travel in Limburg using this paper ticket: only an OV-chip card will be accepted instead. Below you can read more about this card.

#### *Paying public transportation: The OV-chip card*

The OV-chip card is a new means of payment for the public transport system. The smart card is the size of a bank card and contains an invisible chip. The OV-chipkaart can be loaded with credit in Euros with which you can travel anywhere within The Netherlands. We advise participants of SHE Academy to buy an anonymous OV-chipkaart, which costs approximately € 7,50 and which should then be loaded with credit in order to be able to travel. The anonymous OV-chipkaart can be bought at the ticket office and vending machines at the station. This card allows the holder to travel immediately and expires after 4 to 5 years. Important! Don't forget to check in and out each time you board the bus, tram, metro or train. Please view <http://www.ov-chipkaart.nl/?taal=en> or contact the OV-chip card customer service at 0031-0900-0980 for more information about this new chip card.

### **Bikes**

Bikes can be rent e.g. at:

#### *Aon de Stasie*

Address: Stationsplein 26 (next to the Central Railway Station).

Telephone: 0031-43-3211100

Shop is open on Monday, Tuesday, Wednesday and Friday from 09.00 – 18.00, on Thursday from 09.00 – 21.00, and on Saturday from 09.00 – 17.00. Sunday: closed.

Costs: € 7,50 for one day; € 28,-for one week. Deposit: € 50,-

#### *Orange Bike*

Address: Sint Jacobstraat 4 (near the Vrijthof Square).

Telephone: 0031-43-3113613

It is advisable to make a reservation in advance, and don't forget to bring your passport.

### **Cars**

It is possible to rent a car.

EUROPCAR, address: Sibemaweg 1, Maastricht

Telephone: 0031-43-3612310

Open: From Monday to Friday 08.00 – 18.00, Saturday 08.00 – 12.00,

Please do not forget to bring your driver's license; passport & proof of address

<http://www.europcar.nl/>

**Taxi**

Taxi Frenske

Phone: 0031-43-363 63 62

<http://www.taxi-frenske.nl>

Brull Personenvervoer

Phone: 0031-43-343 00 00

<http://brull.nl/>

